



Invitation for 2 summer camps

From 30th July to 6th August, the very nice **summer camp** takes place in **Oberstdorf**, nice small town in the Alps.

All skaters of the **advanced group** (Wednesday group) are invited to participate.

ULPV ask the organizer about **beginners**: if there are **minimum 10 beginners**, the organizer will make an extra group with a trainer for these skaters.

From Sunday till Thursday, there are 2 trainings a day (see training schedule) or an alternative, funny activity, e.g. mountain-run or Biathlon. Non-skating parents and friend can join these activities.

On Friday and Saturday are competitions. At the end a closing dinner takes place.

You must organize yourself for travelling and accommodation. The costs for the camp are about 250€.

As you see on the training schedule, a lot of time is free between the trainings, such you can join your family or friends for other activities. The camp is therefore compatible with family holidays.

From Monday 8th August till Sunday 14th August, ULPV invites **all skaters** to a **training camp in Albertville**. There will be one ice training every day. We propose two cycling trips and maybe twice dryland training as a second training unit, depending on your motivation/tiredness. We offer you to join once at tree climbing/Via Ferrata.

There are nice lakes in the region, joinable by bicycle.

As for Oberstdorf, the whole family can be together for most of the time (except ice training), everybody can join for cycling (that will not be a competition!) and tree climbing/Via Ferrata.

Also, as for Oberstdorf, you must organize yourself for travelling and accommodation.

If you want tips for accommodations, please contact Marco or Josiane.

Carsharing is welcome.

Skaters from group 1 must return skating equipment after the last training, The rink is closed from 1st May on, such we cannot accede to the equipment any more.

SO PLEASE TELL US UNTIL 30TH APRIL IF YOU WANT TO PARTICIPATE TO ONE OR TWO OF THE CAMPS.

For further information, don't hesitate to contact us.

The ULPV committee.